



Volume 3, Number 2



A Newsletter Covering Life In The Lakes

February, 2025



Jack Parker
President

2025 Annual Meeting And Board Election Scheduled For March 19



The Annual Members Meeting and Election of Directors will soon be upon us. The *"First Notice of Annual Meeting"* letter for the Annual Meeting & Board of Directors Election has been sent out and you should have received it in the mail. This notice has all the information on it pertaining to the Annual Meeting and Election process. If you have not received this notification, please contact Ingrid in the Association office at Ingrid.sarmiento@fsresidential.com as soon as possible to obtain it.

There are two (2) Board positions to be filled and the term of office for each position is for two (2) years. If you desire to run as a candidate for election to the Board of Directors, you must give written notice before noon on **February 7th, 2025**, either by mail or by hand delivery to the Association office of your intent to run as a candidate for the Board of Directors. An "Intent To Run" form is included in the *"First Notice of Annual Meeting"* mailing for that purpose. When submitting your Intent to Run form, each candidate may also include an 8 1/2" x 11" Information Sheet that states your background and/or reasons you desire to run for the Board.

An Information Sheet from each declared candidate, a Ballot, a Proxy, Voting Instructions and an Agenda for the Annual Meeting will be included with the *"Second Notice of Annual Meeting."* That *"Second Notice"* mailing will include Ballot Voting and Proxy Return instructions. The second notice will be mailed to all members no less than 14 days in advance of the meeting. The Ballot will list all declared candidates in alphabetical order.

A *"Meet & Greet"* event is scheduled for **March 5th, 2025**, where candidates may participate and speak to members about their qualifications and/or why they wish to run for the 2025 Board of Directors and participate in a scheduled Q & A session.

Pursuant to the Lakes at Tradition Homeowners Association, Inc. Bylaws, the Association will hold its Annual Meeting for the purpose of electing members to the Board of Directors and any such other business as may lawfully be conducted. The Annual Meeting will be held on **March 19th, 2025** at 7:00pm, in the Clubhouse of the Lakes at Tradition. Member sign-in will begin at 6:15pm.



The Lakes at Tradition HOA

Managed by: FirstService Residential

HOA onsite office located on the west side of the clubhouse

Best time to visit for a vehicle decal: 1:00PM to 4:00pm

Email: Ingrid.sarmiento@fsresidential.com

Hours: Mon. thru Fri. 9:00am-4:00pm

Phone: (772) 345-0690

Our website is: Lathoa.org





Exploring

By Elise Ross

As a young person, I was fascinated by the pictures and stories in National Geographic Magazine*. In 2003 when 1,000 Places To See Before You Die was published I got a copy and started ticking off places I had been. Both of these publications piqued my curiosity about this big, weird, beautiful world we live in. To date based on the original book I have seen 120 places! The Eiffel Tower, the Alamo, Sedona, etc.

In 1983 I embarked on my first cruise and met the “love of my life.” I fell in love with John in part because he was pretty much always up to going somewhere. I would come home from work and he would say, “What are you doing the week of XYZ?” And we were off to Hawaii, Scotland, a long weekend trip to Pinehurst for a couple rounds of golf or ???

Recently, I once again said “I’m free” when he said he wanted to experience The Icon Of The Seas. It’s the world’s largest cruise ship afloat based on gross tonnage at this time. On that cruise, we never left the ship. So, I cannot add a new country to my list. However, we did explore almost all of the 18 decks accessible to passengers.

I encourage everyone to seek a new “adventure” and do some exploring when the opportunity arises. Make a new memory!

Please forward any suggestions for possible future articles to: newseditorlathoa@gmail.com

*Sadly, as of 2024, you can no longer buy the monthly magazine at a newsstand.



Editor: Elise Ross
Layout and Design: Thomas Klein
Staff Writer: Carolyn Hammer



When in your garden, don't tell secrets;
the potatoes have eyes, the corn
have ears and the beanstalk!

PicklePalooza, A New Way To Have Fun

By Ellen Leyden



New year, new ideas, new faces and new ways to have fun! On Saturday, January 18th, 50+ members of the Pickleball club gathered with friends and family at the Lakes Clubhouse for camaraderie, games, dinner and dancing.

Pre-dinner games included ping pong, a hoop shoot, cornhole - using a pickle paddle and ball, connect 4 (with pickleballs, of course) and other challenges. Dinner was an amazing Italian feast prepared in house by Molly Labuda and many volunteers. After dinner, the Disco lights came on and many stayed to dance the night away.

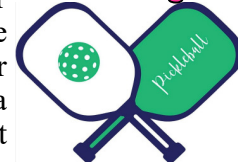


I've Been Dinking

In pickleball, dinking refers to playing up front with soft and controlled shots where players lightly tap the ball over the net with the intention of volleying until the opportunity presents itself to win the point. It's an acquired skill that takes lots of practice and it's a good weapon to have in the longer games in order to control the pace of play.

In December the Lakes Pickleball Club had a dinking ladder league for three Mondays. Players would move up or down the ladder based on their dinking success. Participants had a blast so the next Pickleball event will be “Cupid's Dinking Challenge” on Saturday, February 15th at 9am. Come on out and watch the friendly competition.

Cupid's Dinking Challenge



Feel free to visit the courts during any open play and join in the fun. New members are always welcome - even if you don't know how to play. We have lots of beginners and other members willing to teach you.



Taking A Tour Of PSL's Water Treatment Plant

By Carolyn Hammer

I was among a small group of residents to recently tour the James E. Anderson Water Treatment Plant on LTC Pkwy in PSL. The tour lasted a little more than an hour, and included the lab where water testing is done, the Operations Center, where all systems are monitored 24/7, the filtering areas, and the storage tanks.

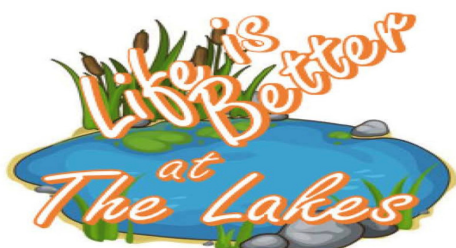
The most important thing I learned on this tour is that the safety and quality of your drinking water is of utmost priority of every worker encountered at the City of PSL Utility Systems Department. It was very clear that they take pride in making sure that our drinking water meets or exceeds federal and state safety guidelines.

There are two water treatment plants in PSL, and the one I toured supplies the Tradition area. It is a reverse osmosis plant. A new water treatment plant is being built behind the Riverland communities, towards Range Line Road, to accommodate the building boom in the Tradition area, and to insure future residents have all the water they will need. Currently, the residents of PSL use 22 million gallons of water daily.

Our water source is the Florida aquifer wells, which are over 1,000 feet underground. There are 47 wells located throughout the city, and all of that water travels to one of the two water treatment plants. The distribution system of water piping in PSL is over 1,300 miles!

The PSL Utility Systems is prepared to protect our water systems from cyber attacks by maintaining their internet on a closed, isolated system. All employees receive cyber security training.

If you are interested in touring the water plant, email: jtomes@cityofpsl.com



Hot Soup & Sociability

By Carolyn Hammer

It was the late afternoon on a chilly winter Sunday, when residents gathered to attend the *Your Neighbors Soup & Sociability* event at the Clubhouse on January 12th.

The menu included 6 homemade soups and chili. Grilled cheese, hot rolls, crackers, and cornbread rounded out the dinner. Recipes were available to guests for each dish served.



The guests brought many delicious desserts to share. Our own DJ Bob played music to dine by, and the dividing wall was pulled out so that sports fans could watch the AFC/NFC Wild Card Game on the big screen TV. Board games were provided for guests after dinner entertainment.

This well-attended event was a delicious way to spend a cold winter evening.



Florida Snow

By Elise Ross

Florida Snow, scientifically known as *Richardia Scabra* and commonly referred to as Florida Pusley, reminds me of a dusting of light snow on the grass when I was leaving for work up north.

Once some cool weather arrives in Florida, you will see it in patches along medians and in yards. The flowers provide nectar for butterflies and bees both important pollinators and helps with soil erosion.



Unfortunately, it is my understanding that Florida Snow is an invasive wildflower species native to South America. It is not known how or when this flowering weed came to Florida.





Community Events

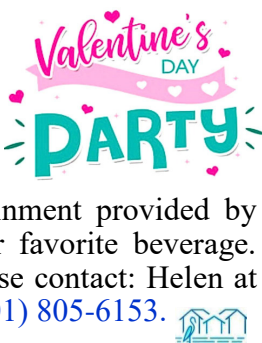


Palentine/Galentine/Valentine Dinner Is February 15

By Carolyn Hammer

Your Neighbors will present a Valentine's Dinner Dance on Saturday, February 15th. This is NOT a couples only event. You can bring your special someone, or get a group of gals (galantines) or pals (palentines) together for a night out. Doors open at 6pm and dinner is planned for 6:30pm.

Dinner will be catered by Tutto Fresco, with salad, Chicken Parmigiana, Rigatoni in Blush Sauce, Stuffed Shells, and Bread. Desserts will be provided by *Your Neighbors* and entertainment provided by Kiss by a Rose DJ. Bring your favorite beverage. Tickets are \$25 per person; please contact: Helen at (603) 325-0758 or Carolyn at (201) 805-6153.



COF Super Bowl Party Is February 9th

Get your cheer on with The Lakes Circle of Friends at the Clubhouse on Sunday, February 9th. Come on out and enjoy the 59th Annual Super Bowl game with us. It will be shown on both main room big screen TV's.



We hope you will join us. Bring your own liquid refreshment of choice and a snack to share. Meet, Mingle, & Cheer your team on to victory.



CPR & AED Training Is Back For 2025

By Elise Ross



Our community just became much safer with the installation of a second AED (Automated External Defibrillator) in the Clubhouse. 20 Lakes residents will now have the opportunity to receive complimentary AED & CPR training (no charge for first 20 registrations) on Saturday, March 8th from 10am to 12:15pm.

This engaging hands-on learning class is limited to a total of 30 participants. Residents will learn how to save the life of an adult or child in a fun, interactive environment which includes signs and symptoms of cardiac conditions, emergency response and use of advanced feedback CPR manikins and practice using an AED.

Residents interested in participating in this hands-on training MUST register at latcpr24@gmail.com no later than February 24th, 2025. The first 20 registrants will receive a return email indicating their participation is complimentary. Residents 21-30 will receive a return email with instructions on how payment in the amount \$20 is to be rendered. Should interest exceed 30, an additional class can be arranged.



All protective gear will be provided and each student will have an opportunity to receive a complimentary emergency response facemask to keep. This training is ideal for grandparents, family members of someone with a cardiac condition, volunteers, caregivers (non-medical) and youth 14 and up.

NOTE: Florida state law honors the Good Samaritan Act. Under the Act: "any person, who gratuitously and in good faith renders emergency care or treatment shall not be held liable for civil damages as a result of such care or treatment."



February 12th & 26th at 7pm in the Clubhouse
Doors open at 6:30pm - Cost is \$10

B I N G O

BYOB and your favorite snack - Age 18 and older
All residents and their guests welcome



Tradition CDD

Managed by: SDSinc.
Office Phone: (772) 345-5119
jgallagher@sdsinc.org

- Sports -

New Co-Ed Bocce League Forming

By Carolyn Hammer

Mark McNall is forming a new co-ed Bocce league here in the Lakes. The new league is tentatively planned to play on Sunday afternoons from 1pm to 3pm, starting on February 16th.



No experience is necessary, and the only requirement is that you want to have some fun. If you are interested in joining, please contact Mark at: mark.mcnull@gmail.com

Circle of Friends

By Paulie Briggs



The "CIRCLE OF FRIENDS" group was created 3 years ago within The Lakes at Tradition to facilitate getting to know our neighbors and better connect with our community. We do so by arranging events like Special Themed and Holiday parties, Pop Up Happy Hours, Game Nights and Movie Nights. We go out of the community for Bowling Nights, Baseball Games and Theatre Dates. We aim to continue to make The Lakes at Tradition a beautiful and welcoming community for all residents and we hope you will join us!

Claire Counos, President
Chris Counos, Vice-President
Paulie Briggs, Secretary
Judy Slason, Treasurer

On Facebook: <https://www.facebook.com/Groups/392017769315979>

On Nextdoor: <https://nextdoor.com/g/bf6e6uxrz/>
Email: circleoffriendspsl@gmail.com

Watch for these upcoming events in 2025!

February 9th - "Superbowl Party"

March 29th - "Luau"

September 28th - "Octoberfest"

October 25th - "Halloween Bash"

November 16th - "Friendsgiving"



Clubs & Classes

Book Club - meets Monday, February 17th in the Veranda room of the Clubhouse at 7pm. This month they will be discussing: *The Sentence* by Louise Erdrich. Contact Lois Rosen at: loro781@aol.com

Bridge - plays every Monday afternoon in the Veranda room of the Clubhouse at 1pm.

Canasta - plays every Tuesday in the main room of the Clubhouse at 12pm.

Cribbage - plays every Tuesday afternoon at 1pm in the Clubhouse.

Dancercise - meets every Monday & Tuesday morning in the main room of the Clubhouse at 10am.

Senior Exercise - meets every Tuesday morning in the main room of the Clubhouse at 9am.

Mah Jongg - plays every Monday & Friday afternoon at 1pm in the main room of the Clubhouse.

Mah Jongg - plays every Thursday evening at 6:30pm in the main room of the Clubhouse.

Mexican Train - plays every Wednesday afternoon in the Clubhouse Veranda room at 1pm.

Yoga - meets every Wednesday morning in the main room of the Clubhouse at 10am.



Outdoor Groups

Aqua Aerobics - class every Tuesday and Thursday morning at the Resort pool at 11:30am. To join them, contact Winnie Tompkins at: wtompkins@ymail.com

Circle Of Friends Bocce - plays every Monday, 4:30pm. All are welcome. To join them, just show up at the Bocce courts behind the Clubhouse.

Men's Bocce - play every Wednesday at 3pm at the Bocce courts behind the Clubhouse. Contact Tom Kinirons at: tcksr@hotmail.com

Pickleball Club - open play: Mon, Wed, Fri, Sat 9am till 12pm. - Tue, Thur, Sun 6pm till 8pm. Contact: pickleballclublat@gmail.com

Women's Bocce - play every Tuesday at 4pm at the Bocce courts behind the Clubhouse. Contact Lucille Wesnofske at: latwomensbocce@gmail.com



Facilities Committee Update

By Greg Snider

I'm pleased to provide an update on two of the Facilities Committee's major projects.

First, we are reviewing recent proposals to repair and paint the court surfaces on the basketball, tennis and pickleball courts.

The second project is the painting of the Guard House, perimeter walls, Clubhouse and all 687 homes in our community. As previously reported, a Paint Task Force, consisting of community residents, was formed. After meeting with managers of Benjamin Moore and explaining the scope of the project, we met with their chief paint color consultant who provided a pallet of colors for consideration.



The "Force" received various swatches of colors for review. They then had the opportunity to offer their input as to what would be the most appropriate to present to the community. Further review may result in removing some colors and adding others that offer a better balance and consistency within the community. As part of the ongoing process, suggested changes will be sent back to the consultant, which will result in even further review.

In the meantime, a Request for Quotation will be sent out to various painting contractors. After completion of all reviews, color recommendations provided by the Paint Task Force will be presented to the community for consideration and approval.

Stay tuned for further updates! 

Heartfelt 
THANKS
TO OUR VOLUNTEERS!

Our Favorite Recipes

Nancy Haughton's Hearty Tomato Soup

1/2 cup chopped onion
One 8oz. Package of cream cheese
1/2 tsp. basil
1/8 tsp. Garlic powder
2 cans tomato soup
Two 16 oz. cans of diced tomatoes
3 tbs. butter
1-1/4 cups of milk

Brown the onion in a large saucepan. Remove from heat and stir in the cream cheese, basil and garlic powder.

Return to medium heat and add soup, diced tomatoes, butter and milk. Beat with a hand mixer until smooth and continue to cook until hot.

Serve with grilled cheese sandwiches (optional).



Valentine's Day Word Puzzle

Find each word from the list below in the puzzle. The words can share letters as they cross over each other and can go in any direction (left to right, right to left, diagonal up, diagonal down). The answer is on page 8.

C	A	W	R	T	Y	R	O	S	E	S	I	O	P	L
Q	R	Z	C	V	B	O	N	M	K	J	H	G	F	D
Z	H	U	G	Q	W	M	E	R	T	Y	U	I	O	P
A	M	B	S	X	Z	A	Z	F	L	O	W	E	R	S
F	D	Q	W	H	E	N	R	T	Y	U	I	O	P	W
F	G	M	A	S	D	C	F	G	H	J	L	O	V	E
E	I	K	I	L	Z	E	U	X	C	V	B	N	M	E
C	F	Q	W	R	E	R	T	P	Y	U	I	O	P	T
T	T	A	S	D	E	F	G	H	I	J	K	L	Z	H
I	X	C	V	B	N	R	M	Q	W	D	E	R	T	E
O	Y	U	F	R	I	E	N	D	S	H	I	P	X	A
N	A	S	D	F	G	H	K	I	S	S	J	K	L	R
H	E	A	R	T	Z	X	C	V	B	N	M	E	W	T

Romance Flowers Affection Cupid Crush
Love Heart Sweetheart Roses Hug Kiss
Friendship Admirer Gift

Quote
Of The Day

"If life gives you limes,
make margaritas."
- Jimmy Buffett



TRADITION EVENTS

Lakeside Stroll - Come to Tradition Square on Saturday, February 1st, 8am-12pm for "A Walk for Hope and Healing" hosted by the Treasure Coast Hospice Foundation. An event dedicated to remembering those we've lost and honoring those who continue to grieve, this serene walk along the tranquil lake shore offers a space for reflection, connection, and support.

Food Trucks & Tributes (Jimmy Buffett) - Come down to Tradition Square on Friday, February 7th from 5-9pm for a live Tribute concert to **Jimmy Buffett** by "Jimmy Stowe and The Stowaways." This will be a night of musical magic!



Cupid's Dash 5K/10K - The 1st Annual Cupid's Dash will be held on Saturday, February 8th in Tradition Square. The event begins at 7:30am with check-in beginning at 6am. 20% of the proceeds will be donated to the Jessica Clinton Foundation. To register, open the February Events Calendar at traditionfl.com and click on "Cupid's Dash 5K/10K."

Taste of Little Italy Festival - This 18th Annual Festival is happening Friday, Saturday and Sunday, February 14-16th at Tradition Square. Please visit: tasteoflittleitaly.net for a listing of all the live entertainment to be provided.

Paint & Sip With FloridaArtEscape - Get messy at Tradition Town Hall with 'Rita the Artista' and enjoy a night of painting your own masterpiece. Held on Tuesday, February 18th from 6-8pm. Register for this class by opening the February Events Calendar at traditionfl.com and clicking on "Paint & Sip."

Breakfast in The Square - Join Tueste Coffee Friday, February 28th from 9-11am in Tradition Square and have breakfast with friends or just grab a cup before or after your morning walk.



Tradition Community Association

Managed by Castle Group

Hours: Monday-Friday 8:30am - 4:30pm

Office Phone: (772) 345-5101

Email: ashepherd@castlegroup.com



Birds of Florida

Florida Scrub-Jay

By Tom Klein

The Florida Scrub-Jay is the only species of bird native to the state of Florida and is a favorite of local birders as it is found nowhere else in the world.



Desert-like sand pine scrub strands are home to the Scrub-Jay. Unfortunately, housing development has led to the destruction of their unique habitat, causing them to become endangered with fewer than 10,000 of these unique birds left remaining.

The Scrub-Jay is a beautiful bird that is intelligent and extremely friendly. They have a bright blue head, wings and tail with a light grey back & belly, and a whitish neck.

Scrub-Jays mate for life and breeding pairs will establish a permanent territory of approximately 25 acres. They engage in a rare family structure called "cooperative breeding" where the breeding pair have up to 6 "helpers", often older siblings who will guard the nest & help feed and raise the babies.

They appear to mourn dead winged comrades. When a Scrub-Jay dies, other jays gather and screech over the dead body for about half an hour. The beauty that you see in the photo here was photographed at the Indrio Scrub Preserve in eastern St. Lucie County, a popular spot for the local birding community to visit.



Enjoy Zumba at Tradition's Gazebo every Saturday morning from 9-10am.

Zumba is a fitness program that is a fusion of Latin and international music along with dance themes creating a dynamic, exciting and effective workout that is sure to get your heart pumping!

Classes are free, but you must pre-register. Open Events Calendar at traditionfl.com, click "Zumba".

A Lakes Puzzle Exchange

By Kathy Slupski

A puzzle exchange has been setup in the Lakes Clubhouse. A few puzzles have already been donated. The exchange is located on the left side of the east main room TV cabinet.

By sharing, no one has to buy a new puzzle. Feel free to bring a puzzle or two and borrow one in exchange. If the puzzle you are donating has a piece missing, please circle the spot on the box's puzzle picture.



Thus the next puzzlemaker will be "clued in."

Thank you to the HOA Board for approving another form of entertainment for Lakes residents.



Answer To Valentine Puzzle

C					R	O	S	E	S				
	R				O								
	H	U	G		M								
A		S			A	F	L	O	W	E	R	S	
F	D			H	N							W	
F	G	M			C					L	O	V	E
E	I		I		E	U						E	
C	F			R			P					T	
T	T			E								H	
I					R							E	
O			F	R	I	E	N	D	S	H	I	P	A
N					K	I	S	S				R	
H	E	A	R	T								T	

Romance Flowers Affection Cupid Crush
Love Heart Sweetheart Roses Hug Kiss
Friendship Admirer Gift



February 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 	3 Dancercise 10am Bridge 1pm Mah Jongg 1pm	4 Senior Exercise 9am Dancercise 10am Canasta 12pm Cribbage 1pm	5 Facilities Com. 9am ACC Committee 10am Yoga 10am Mexican Train 1pm	6 Mah Jongg 6:30pm	7 Board Workshop 10am Intent To Run Deadline Noon Mah Jongg 1pm	8
9 COF Super Bowl Party 6pm 	10 Dancercise 10am Bridge 1pm Mah Jongg 1pm	11 Senior Exercise 9am Dancercise 10am Canasta 12pm Cribbage 1pm Landscape Committee 3pm	12 Yoga 10am Mexican Train 1pm Bingo 7pm 	13 Mah Jongg 6:30pm	14 Mah Jongg 1pm 	15 Palentine/Galentine Dinner 6pm
16 Private Event - Clubhouse Closed	17 Dancercise 10am Bridge 1pm Mah Jongg 1pm Finance Committee 4pm Book Club 7pm 	18 Senior Exercise 9am Dancercise 10am Canasta 12pm Cribbage 1pm	19 Yoga 10am Mexican Train 1pm Board Meeting 6:30pm	20 ACC Deadline noon Mah Jongg 6:30pm	21 Mah Jongg 1pm	22
23	24 Dancercise 10am Bridge 1pm Mah Jongg 1pm	25 Senior Exercise 9am Dancercise 10am Canasta 12pm Cribbage 1pm	26 Yoga 10am Mexican Train 1pm Bingo 7pm 	27 Mah Jongg 6:30pm 	28 Mah Jongg 1pm 	